

# starleyhall

REACHING OUT



local authority

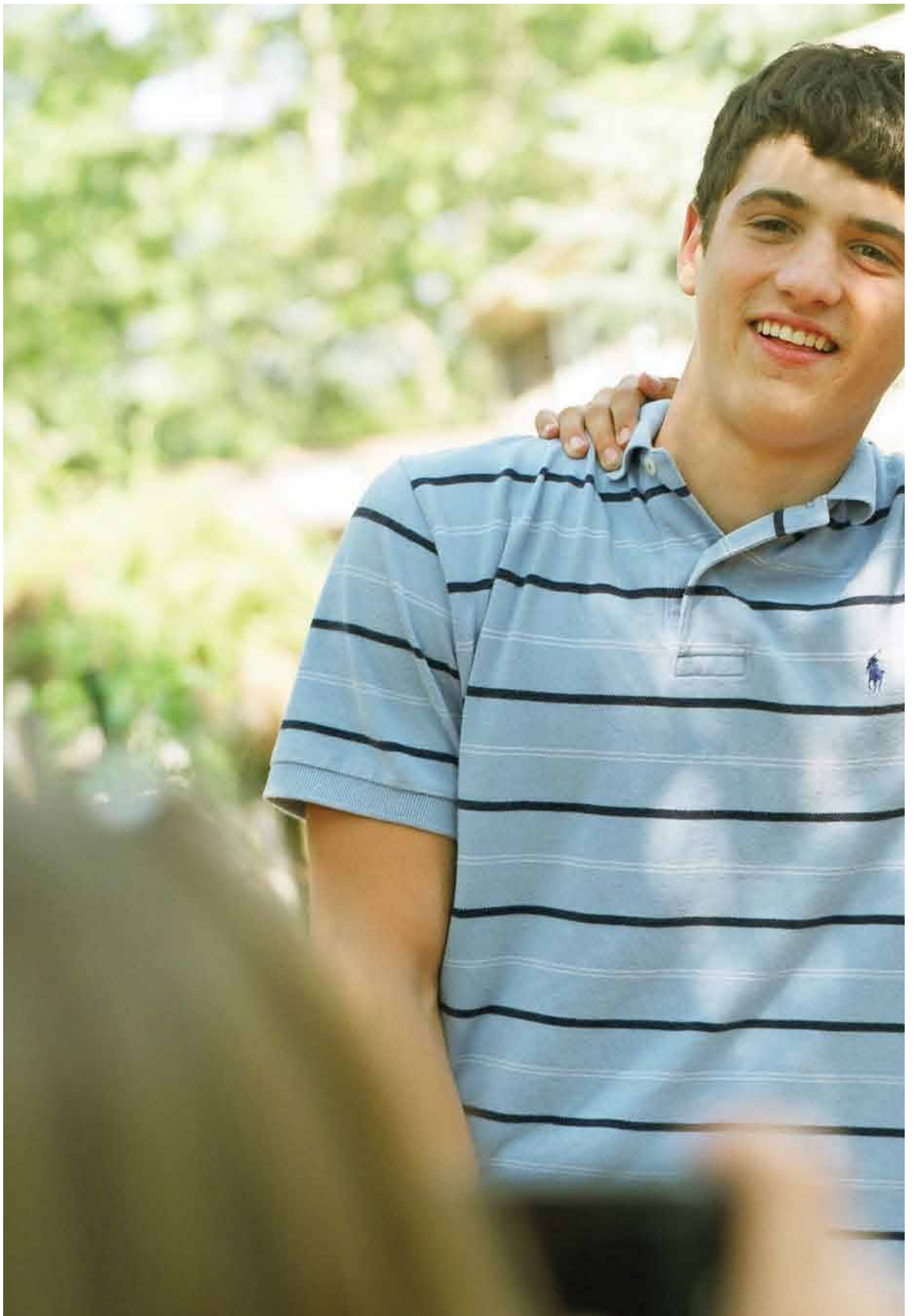


young people



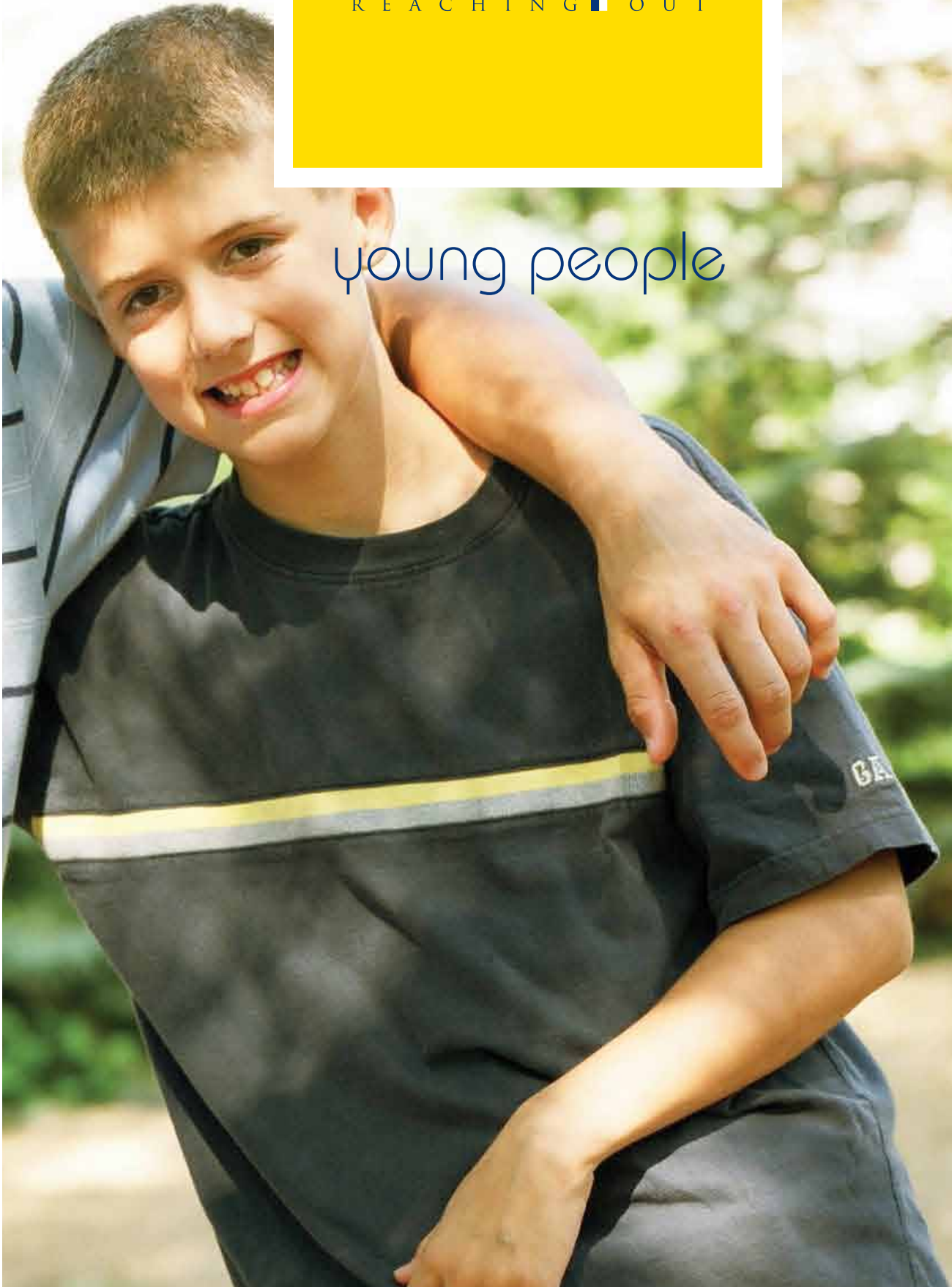
parents





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young people



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about us



# building confidence

Starley Hall is a special place where young people can grow in confidence. We believe that all young people want to manage better, and with careful and enthusiastic help from adults can grow in confidence.

We know that everyone has a different set of needs, which we will do our best to meet. Some young people stay with us, and go home regularly. For others this is not possible; sometimes the choice is not to go home as much. Some young people might attend our school or college and live in one of our smaller houses.

- You will be the centre of our work. Although every young person is different we know that young people make good friends at Starley.
- Helping and understanding each other is very important.
- Adults are friendly and are experienced in managing times when you might be upset. They understand that some young people have experienced very difficult times and need special help.
- You can enjoy yourself. We want you to take part in school and activities and learn new things.
- You will be made to feel welcome. We will work hard to make sure you can start off well, and feel safe.
- You will have your own room.
- Houses vary in size. Two houses at Starley Hall have 5 or 9 young people respectively.
- Tall Trees and No 76, houses for 3 or 4 young people are in local towns and these provided more chances to be involved in their local community.
- Planning ahead is important so we can make sure we get things right for you. We will whenever possible involve you in any planning and any discussions about you. As you know there are times when lots of other adults are involved. We will do all we can to make sure your voice is heard.
- There is a lot more information on other pages in this site.



education

# learning & achieving

We want you to enjoy school and so we will give you every chance to get really involved in your learning. We understand that many young people have not been happy at school, and we will think about ways we can change this.

You will have a key teacher who is there to help you with any worries you might have.

You will be able to do lots of different things in school and will be involved in making choices about some of your subjects and in setting goals in literacy and numeracy.

- Small class groups mean you get a lot of help with your work
- Staff will support and encourage you at all times.
- You can make choices about subjects at different stages of your time at Starley.
- You will have the chance to take part in lots of activities.
- You will be able to voice your views through the school council.
- You can take part in a wide range of work experience placements.
- The school has a points system which gives you the opportunity to earn extra activities.
- We will celebrate your success with you.
- We have good experiences of helping young people move forwards to college or work training programmes.
- If you choose well staff will help you do well.



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looking after you



## feeling safe

We want your time at Starley to be a happy time. We hope you will feel safe, respected and cared for. We all aim to treat each other how we would like to be treated.

We will do everything we can to help you grow in confidence and develop new skills. You will have a key worker and other adults who will understand your needs, and they will always be available to offer you support. We are very proud of the quality of relationships that young people and adults develop. Sometimes we receive visits from adults who remember being at our school. That makes us feel really good.

You will try new things and be excited, and sometimes things will feel like they are going wrong. Part of growing up is learning from the things that we do. It is not the end of the world if things do not work out, you will be able to talk to an adult about what happened. We are good at sorting out problems.

As you grow in confidence you will be given a wider choice of opportunities. Our motto is **'Choose Well and Do Well'**.

- Adults are expected to be clear about expectations so that they can help you get things right.
- Sometimes you may feel worried or that you have been treated unfairly or are unhappy. There are lots of people you can talk to at Starley, and we will remind you about other people who can help.
- You will have your own bedroom. You can decorate your room in a way to make it feel like your place.
- You will get pocket money on a weekly basis. You can earn more by doing very well.
- We have super food at Starley. You will be able to be directly involved in preparing meals and developing your confidence. You can be involved in making choices about meals.
- You will have opportunities to be involved in buying your clothes. We will help you understand about spending money sensibly.
- We are very clear that bullying is wrong – we work very hard to make you feel safe at Starley.
- We have a School Council and any young person can join. You can speak about things that you would like to change. The Council helps young people feel part of Starley and it can make decisions that directly affect all.
- Adults understand how to manage difficult behaviour, and will help you find new ways to manage your problems.



## activities

# choose well & do well

We believe that by getting involved in activities and being busy you can learn about yourself, and feel better about yourself.

Young people currently staying at Starley Hall engage in a wide range of activities in the local community. Young people also enjoy the on site facilities of the BMX track, the trampolines and the Crib. The Crib is a recreational space with pool tables, cooking facilities and games consoles.

We take every opportunity to listen to your views and explore what you like to do. If you want to try some new experiences we will support this as much as possible.

Adults will enjoy spending time with you as well. We will make sure they keep you involved in all plans, including the events and activities that can provide lots of fun and enjoyment.



- Some of the most popular activities are: fishing, ice skating, rock climbing, cycling, football, basketball, computer games and going to the cinema.
- Learning can be fun.
- All adults understand how important learning opportunities are for you. You will have opportunities in school and in your free time.
- There are lots of opportunities for work experience.
- We will encourage you to keep up existing hobbies and interests.
- We will look for as many ways as possible to help you build skills, so you can be more independent especially when you leave school.
- Some young people do not have the confidence to join clubs or take part in new hobbies when they first arrive. We will support you to grow in confidence so you can experience new things.
- You can expect to go on at least one holiday a year. There are times when trips are arranged at short notice – to increase the thrill and excitement.





keeping in touch

# being involved

We believe it is very important to support young people to keep in touch with families and other significant adults. This means we help you keep in contact with important people.

Decisions about you should usually be made after discussion with you. We will also speak to parents and other important adults when this is appropriate. We do know that sometimes you will want to keep some ideas 'private'. We will respect this as long as it will not affect you, or cause harm to others. As you get older you can make more choices for yourself.

A former pupil writes:

*'I loved Starley, a lot of staff helped me with different things. Sometimes I thought they won't put up with me, and I would be thrown out. But thanks to the adults I got there in the end. Starley Hall was one of the best things that could have happened to me.'*

- Life is not as far away as you might think. There are very good transport links. Some young people feel confident to use public transport. We can also use the cars at Starley.
- Home visits are very important. All adults will work together to make sure these happen.
- We will identify important adults and consider how they can be part of your life.
- Adults will help friends and family to visit.
- You can use your own mobile if you use it sensibly.
- We expect your social worker to see you regularly. We also make sure we pass on news about your progress and also things that we need to talk about.
- We recognise that adults from your past are important. We will help you keep in touch.
- Keeping in touch with good friends is also important.
- We also make sure you keep in touch with adults who work for important organisations such as Children's Rights and Childline. We have our own independent adult who is available when you feel things are not being sorted out at Starley.





celebrations

# achieving potential

Starley Hall wants to celebrate your success. Some achievements are very obvious such as qualifications and being accepted for your first job.

Some achievements do not seem as important to one person when they are significant for another. These small achievements and signs of progress are also recognised. Learning to swim or use the internet or any other new skill is important. Travelling on public transport to your home for the first time will give you real satisfaction. We aim to make sure everyone shares in your success.

Celebrating birthdays and special events is part of life at Starley.

Moving on to a better future is very important – and something to celebrate. We will always work with you to help you achieve your potential.

- We celebrate success with you.
- There is a weekly assembly in school to mark achievements.
- Birthdays and other events are recognised as being important. We will help you and your family celebrate together.
- You will be able to leave our school with qualifications.
- We want to help your family, and other important adults recognise your progress and success.
- We aim to make sure that you have opportunities when you reach school leaving age. Many young people go onto college courses.
- During your time in our school you can expect to have exciting opportunities to try different work experiences.
- We look at as many options as we can whilst you are at Starley Hall so that you can prepare well for leaving school. We want young people to continue their progress and make the very real steps towards achieving independence.
- Starley Hall Care Services can provide unique opportunities to provide extended placements for young people beyond their school leaving age, within our houses in local towns.



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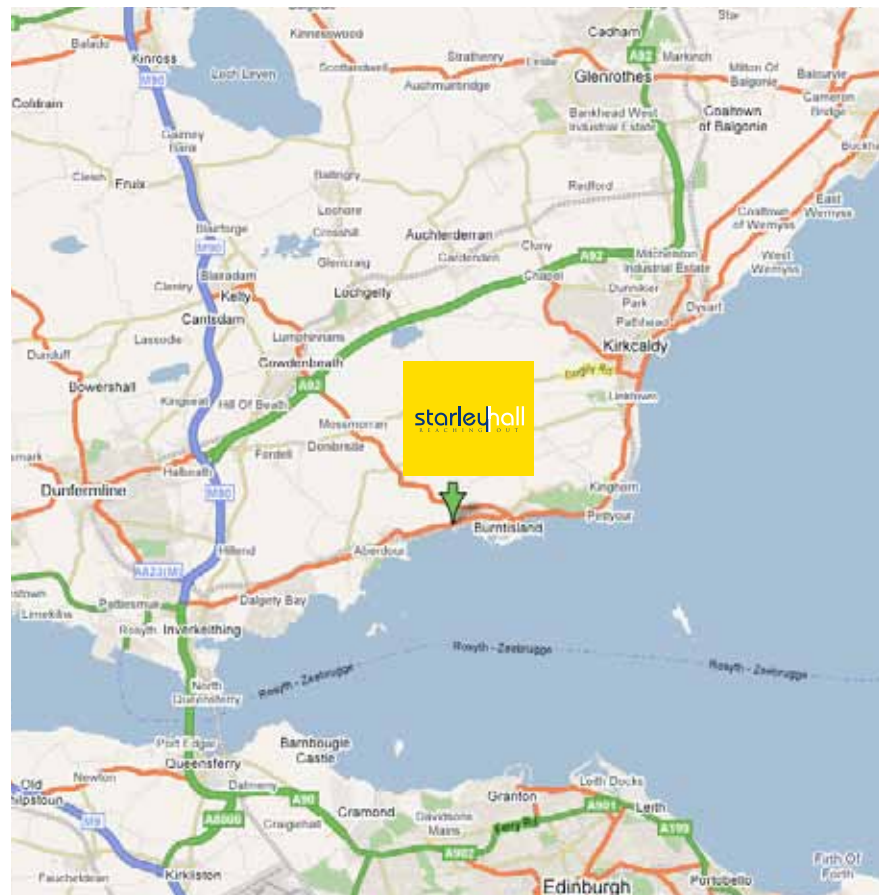


reaching out

Starley Hall is near Burntisland in Fife. We have other houses in Fife, one is in Kirkcaldy. Fife has lots to offer with a wide range of local amenities. We are by the sea, and that adds something special to Starley. We consider that we are part of the local community and have lots of friends.

Telephone number of Starley Hall: 01383 860314.

You will have the exact numbers of all the houses if you come to Starley Hall.



A large, bright yellow abstract graphic that starts as a thick, curved shape at the top left and tapers into a white, rounded-bottom shape in the center, creating a negative space for the logo.

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[www.starleyhall.co.uk](http://www.starleyhall.co.uk)